

10. What is your living situation?

- Assisted Living
 Live with spouse/partner
 Live with caregiver
 Live with family
 Single/Widowed
 Receiving home health care
 Other _____

11. Occupation: _____ Circle all that apply: Full time/Part time/Retired/Disability/Leave

12. Amount and type of exercise per week: _____

13. How have your symptoms limited daily activities? _____

14. Females only (Please write number of each)

- Pregnancies
 Vaginal deliveries
 Episiotomies
 C-Sections

Have you experienced difficult childbirth? (explain) _____

15. Have you ever had any of the following conditions or diagnoses (please circle all that apply)

- | | | | |
|-----------------------|---------------------|--------------------|------------------------------|
| Smoking/ tobacco use | High blood pressure | Pelvic Congestion | Childhood bladder problems |
| History of falling | Cancer: _____ | PID | Depression/ Anxiety |
| Physical/sexual abuse | Immunosuppression | Pudendal Neuralgia | Chronic Fatigue Syndrome |
| Heart Problems | Lupus | Pelvic pain | Joint replacement |
| Cauda Equina | Obesity | Prostate Disorder | Sports Injuries |
| Stroke | Arthritis | TMJ/ Neck Pain | Latex Sensitivity |
| Current Infection | Head Injury | Headaches | Irritable Bowel Syndrome |
| Diabetes Type I/ II | Dysmenorrhea | Osteoporosis | Sexually transmitted Disease |
| Fibromyalgia | Endometriosis | Epilepsy/ Seizures | Menopause (when) _____ |
| Fracture: _____ | Fibroids | Multiple Sclerosis | Other _____ |

16. Have you had any diagnostic testing or imaging related to this problem? (type/ results) _____

17. Since the onset of your symptoms, have you had: (check all that apply)

- Unexplained weight change
 Unexplained weakness
 Change in bowel/ bladder function
 Fever/ Chills
 Night pain/ sweats
 Malaise (generalized discomfort)
 Dizziness/ Fainting
 Numbness/ tingling
 Unexplained fatigue
 Other, please list _____

18. Medications/Supplements/Herbal (pills, injections, patch, etc. Please include birth control and OTC)

Prescription?	Medication/ Dose	Start Date	Reason
Y/N			
Y/N			
Y/N			
Y/N			
Y/N			

19. What are your goals for treatment? _____